



SPIRITUAL HISTORY QUESTIONNAIRE **Chapter 12 of *The Complete Eldercare Planner***

Beliefs and Practices

Is spirituality, faith or religion important to you?

Are you a member of a particular religious organization or spiritual community? If yes, which one?

Name the particular individual counselor or member of the clergy would you want to be contacted.

Treatment of Illness

Do you hold any spiritual beliefs that might interfere or conflict with your medical care? If yes, what are they?

Do you engage in any cultural practices that might interfere or conflict with your medical care? If yes, what are they?

How would you like your health care provider to address your spiritual and cultural practices?

In the face of a terminal illness, how do your beliefs and culture influence end-of-life medical decisions?

Support Systems

What are your main religious or spiritual support systems?

What activities do you participate in to help you maintain your religious or spiritual practices?

Do you have a group or like-minded friends who can serve as your support system?

What religious or spiritual support would you like right now?