



EMPLOYEE ELDERCARE RELOCATION CHECKLIST

Chapter 3 of *The Complete Eldercare Planner*

- ✓ Ask your employer for the assistance of a professional relocation company. You will need help selling the existing home and learning more about the new location. *Do not go this alone.*
- ✓ Consider hiring the services of a senior move management company. Check out the National Association of Senior Move Managers website (www.nasmm.com) to locate local service providers. The time is now to sort through and downsize of after years of accumulating.
- ✓ Before the move, order a telephone directory for your new city. Search the Internet for caregiving services, in-home services, and houses of worship.
- ✓ Assess your elders' long-term housing and assisted-living needs. Will they live with you or is another senior-housing option more desirable?
- ✓ If your elders choose to live independently and in their own home, will in-home services be readily Available if needed? Review the Housing chapter in The Planner for additional senior-friendly housing tips.
- ✓ How will your elders get around town while you're at work? Are they able to drive? Is public transportation accessible?
- ✓ Discuss long-term health issues and the need to find a doctor in the new location. If relocating overseas, how will healthcare expenses be covered?
- ✓ Create a plan for staying in touch with friends and family members.

Discuss the following:

What are the costs associated with living in this new location? Create a budget they can live with.

Will the neighborhood offer easy access to medical care, church, friends, personal services, and shopping? Is it safe for them to take a walk or sit outside?

Will pets be allowed where they live?

Is the climate and altitude suitable all year-round?

What's the back-up plan if they decide the move was not right for them?

Do not consider any senior- housing arrangement if...

There are stairs (interior and exterior) to negotiate.

Building codes will not allow outdoor ramps or first-floor bathrooms.

A spare room for a first-floor bedroom is unavailable.

There are no local in-home care or in-home medical services available.

Transportation services are not available.

Installing a first-floor washer and dryer is not allowed or possible.

The bathtub cannot be removed to install a step-in shower.