# DEATH AND DYING ACTION CHECKLIST
Chapter 14 of *The Complete Eldercare Planner*

<table>
<thead>
<tr>
<th>SAYING GOOD-BYE</th>
<th>To Do By</th>
<th>Completed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Recognize the clues of letting go</td>
<td>✔️</td>
<td></td>
</tr>
<tr>
<td>Be aware of your elder’s goal to reach milestones</td>
<td></td>
<td></td>
</tr>
<tr>
<td>family events</td>
<td>✔️</td>
<td></td>
</tr>
<tr>
<td>important projects</td>
<td>✔️</td>
<td></td>
</tr>
<tr>
<td>personal goals</td>
<td>✔️</td>
<td></td>
</tr>
<tr>
<td>Spend quality time</td>
<td>✔️</td>
<td></td>
</tr>
<tr>
<td>Seek professional counseling</td>
<td>✔️</td>
<td></td>
</tr>
<tr>
<td>Discuss end-of-life directives</td>
<td></td>
<td></td>
</tr>
<tr>
<td>nutritional and respiratory life support decisions</td>
<td>✔️</td>
<td></td>
</tr>
<tr>
<td>funeral arrangements</td>
<td>✔️</td>
<td></td>
</tr>
<tr>
<td>memorial services arrangements</td>
<td>✔️</td>
<td></td>
</tr>
<tr>
<td>power of attorney for health care</td>
<td>✔️</td>
<td></td>
</tr>
<tr>
<td>physician directives</td>
<td>✔️</td>
<td></td>
</tr>
<tr>
<td>review <em>Managing Death’s Details</em> section</td>
<td>✔️</td>
<td></td>
</tr>
</tbody>
</table>
review Legal Matters chapter ____________________________

Get legal paper in order ________________________________

Fulfill last wishes ______________________________________

Manage pain issues _____________________________________

Consider hospice services ______________________________

Review dying person's Bill of Rights _______________________

MANAGING DEATH’S DETAILS

Seek professional advice for funeral planning ______________

Review Communicaring chapter before talking about funerals ___________

Incorporate plans as part of letter of instruction

in your elder’s will ________________________________________

Shop around for funeral merchandise and services ____________

Tap into sources to pay for funeral

Social Security __________________________________________

Veterans Administration _________________________________

Prepayment plans _______________________________________ 

Life insurance policies _________________________________

Burial trusts __________________________________________

Savings accounts _______________________________________

Travel insurance ________________________________________
House sale

Notify others of the death
telephone calls
dehth notice
obituary

Gather legal and important documents

Retain attorney

Obtain copies of death certificates

Review the Documents Locator section

Explore sources of leftover cash

Inquire about survivor’s benefits

Review travel insurance policies

Understand transfer of property regulations

Begin the probate process

Obtain letters of office

Settle financial affairs

Search for missing information and documents

Tie up loose ends
Distribution of items
Lock up property
Keep record of all transitions

Grieve and heal
Watch for excessive behavior patterns

Consider bereavement support

*Carry on after a loved one dies*

Repair damaged relationships

Create new relationships

Seek a new purpose in life

Get affairs in order

Make a difference in the lives of other caregivers

Capture your elder’s memory