



DEATH AND DYING ACTION CHECKLIST

Chapter 14 of *The Complete Eldercare Planner*

SAYING GOOD-BYE	To Do By	Completed
<i>Recognize the clues of letting go</i> _____		<input type="checkbox"/>
<i>Be aware of your elder's goal to reach milestones</i>		
family events _____		<input type="checkbox"/>
important projects _____		<input type="checkbox"/>
personal goals _____		<input type="checkbox"/>
<i>Spend quality time</i> _____		<input type="checkbox"/>
<i>Seek professional counseling</i> _____		<input type="checkbox"/>
<i>Discuss end-of life directives</i>		
nutritional and respiratory life support decisions _____		<input type="checkbox"/>
funeral arrangements _____		<input type="checkbox"/>
memorial services arrangements _____		<input type="checkbox"/>
power of attorney for health care _____		<input type="checkbox"/>
physician directives _____		<input type="checkbox"/>
review <i>Managing Death's Details</i> section _____		<input type="checkbox"/>

- review *Legal Matters* chapter _____
- Get legal paper in order*** _____
- Fulfill last wishes*** _____
- Manage pain issues*** _____
- Consider hospice services*** _____
- Review dying person's Bill of Rights*** _____

MANAGING DEATH'S DETAILS

- Seek professional advice for funeral planning*** _____
- Review Communicaring chapter before talking about funerals*** _____
- Incorporate plans as part of letter of instruction
in your elder's will*** _____
- Shop around for funeral merchandise and services*** _____
- Tap into sources to pay for funeral***
 - Social Security _____
 - Veterans Administration _____
 - Prepayment plans _____
 - Life insurance policies _____
 - Burial trusts _____
 - Savings accounts _____
 - Travel insurance _____

House sale _____

Notify others of the death

telephone calls _____

death notice _____

obituary _____

Gather legal and important documents _____

Retain attorney _____

Obtain copies of death certificates _____

Review the Documents Locator section _____

Explore sources of leftover cash _____

Inquire about survivor's benefits _____

Review travel insurance policies _____

Understand transfer of property regulations _____

Begin the probate process _____

Obtain letters of office _____

Settle financial affairs _____

Search for missing information and documents _____

Tie up loose ends

Distribution of items _____

Lock up property _____

Keep record of all transitions _____

Grieve and heal

Watch for excessive behavior patterns_____

Consider bereavement support_____

Carry on after a loved one dies

Repair damaged relationships_____

Create new relationships_____

Seek a new purpose in life_____

Get affairs in order_____

Make a difference in the lives of other caregivers_____

Capture your elder's memory_____